

swim bike run

# Traverse City Triathlon

at bowers harbor

Kroupa Road

Nehtawanta Road

Turn around just before 2558 Nehtawanta Rd.

Pyatt Road

TRAIL SECTION

3

Peninsula Drive

Aid Station 1 Sponsor



1

Peninsula Drive

Seven Hills Road

Bowers Harbor Road

Devils Dive Rd.

### Sprint Run Course

- Transition 
- Finish 
- Aid Station 
- Swim 
- Sprint Run Course 